



## Gluten Free Meals

Beef Dinner  
Pork Dinner  
Lamb Dinner  
Chicken Dinner  
Turkey Dinner  
Gammon Dinner  
Salmon Dinner

Vegetable Curry  
Chicken Curry  
Corned Beef Hash  
Fish Pie  
Smoked Haddock  
Cheese & Potato Pie  
Liver & Onions

Fruit Salad  
Banana Split  
Jelly & Ice Cream  
Rice Pudding  
Eton Mess

All sponges Jam, Lemon, Fruit, Syrup, Chocolate.  
Crumbles Fruit, Apple, Rhubarb, can be made with  
gluten free flour if we know in advance.

Jacket Potato Cheese Tuna Prawns beans & Salad